

# October 14th & 15th 2017 Craig Groeschel Lifechurch.tv

#### MY BIG FAT MOUTH

**Luke 6:45** A good man brings good things out of the good stored up in his heart, and an evil man brings evil things out of the evil stored up in his heart. For the mouth speaks what the heart is full of.

**Exodus 14:11** They said to Moses, "Was it because there were no graves in Egypt that you brought us to the desert to die? What have you done to us by bringing us out of Egypt?

**Exodus 16:8** And Moses said, "When the LORD gives you in the evening meat to eat and in the morning bread to the full, because the LORD has heard your grumbling that you grumble against him—what are we? Your grumbling is not against us but against the LORD."

#### WHAT IN YOUR LIFE DO YOU COMPLAIN ABOUT THE MOST?

**Philippians 2:14-15** Now I appeal to Euodia and Syntyche. Please, because you belong to the Lord, settle your disagreement.

IF YOU CAN	CHANGE YOUR CIRCUMSTANCES DO
ABOUT IT!	
IF YOU	CHANGE YOUR CIRCUMSTANCES, CHANGE YOUR

**Philippians 2:17-18** But even if I am being poured out as a drink offering upon the sacrifice and service of your faith, I rejoice and share my joy with you all. You too, I urge you, rejoice in the same way and share your joy with me.

#### SPENDO—POURED LIQUID ON A BURNING SACRIFICE

**Philippians 1:12-13** Now I want you to know, brethren, that my circumstances have turned out for the greater progress of the gospel, so that my imprisonment in the cause of Christ has become well known throughout the whole praetorian guard and to everyone else,

**Psalms 103:2-5** Praise the Lord, my soul; all my inmost being, praise his holy name.

**BLANKS: SOMETHING, CAN'T, PERSPECTIVE** 





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ISION TEACHING NOT



#### I HAVE A COMPLAINT!

My compaint is against people who just don't get it. When I compain, I need some feedback, empathy and fuel, otherwise it completely takes all the fun out of it.

#### 1. Recognize complaints as they are forming.

Complaining falls into that category of something we do or hear so often, we don't even stop to recognize it. Say a prayer that it will become obvious as it is forming in our thoughts and before it is in it's complete verbal form.

#### 2. Refuse to enable

As I complained about above, when I complain, I want someone nodding along with me or it's just no fun. It is even instantly convicting when my listener doesn't "go there" with me. Like removing fuel from a fire, my rant just dies out... quickly. All of us have the opportunity to help others in this way, without saying a word.

### 3. Redirect complaints to thankfulness.

Last week I saw a boy getting picked up for school, but he wasn't walking. He was in a very high-tech wheel chair which was rolled up on a hydraulic platform and retracted into the bus. This is every day, every moment for this young man and his family. When I see what others endure (often without complaining at all), it makes me think, "what do I have to complain about?" I realize how blessed I am and become very thankful. I've found that this sobering perspective and the resulting thankfulness are powerful to keep me in check when I'm feeling grumbly and want to complain. When we wanna vent excessively, negatively, if we are intentional, we can always, pretty quickly, focus on many things for which we should be appreciative. Redirect.



# NOTES

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